



Life at Brandon House

Our residents enjoy:

- ✓ Arts & crafts
- ✓ Gardening
- ✓ Gentle exercise
- ✓ Music & entertainment
- ✓ Trips out into the local community
- ✓ Seasonal parties
- ✓ Birthday celebrations
- ✓ Family gatherings
- ✓ Visits from local community groups
- ✓ Games

At Brandon House, every day is about creating moments that matter. We believe a care home should be more than a place to live — it should be a place where residents feel valued, supported and part of a family.



From day one, all of the staff have been amazing. They are extremely friendly, very caring and attentive to the resident's needs, an absolute credit to their profession. It's a real home from home. Beautiful place, beautiful atmosphere, beautiful people. – Son of a Resident



Day Care

We offer day care services for older people who are seeking companionship, friendship and engaging activities. Our day care includes home-cooked meals and a range of activities to help reduce loneliness and support wellbeing at home.



Phone Number

Brandon House - 01395 267581



E-mail Address

hello@bliss.care



Our Location

Brandon House,
29 Douglas Ave, Exmouth
EX8 2HE



Brandon House

A nurse-led, family-owned
home in Exmouth where care
feels personal





The family behind Bliss Care

Bliss Care is owned by Issac and Meghana Theophilos, both registered nurses with extensive experience supporting older people

Issac, a former care home manager of a CQC-Outstanding rated home in Sussex, has also worked as a consultant, successfully supporting care homes to improve quality and standards. He is the author of a widely recognised book on care home improvement.

Issac purchased Aveland Court in 2022 when it was on the verge of closure due to care quality issues and transformed it into one of the best care homes in Torquay. In early 2024, Issac and Meghana acquired Lorna House near Cary Park, Babbacombe. In 2025, they bought Brandon House in Exmouth, further expanding Bliss Care's presence in Devon.

We are proud to be having the best team to deliver great care.



Our why?

We are committed to providing the best possible care for our residents and creating an excellent working environment for our staff. We believe everyone deserves nothing less than outstanding care

Home from home

Our care home provides a true home-from-home experience, with no restrictions on visiting hours for loved ones. Family, children, and pets welcome.

Home cooked food

Our in-house chef prepares a variety of delicious meals, ranging from traditional English dishes to any dishes that meets your needs, offering a blissful and flavourful experience



Accommodation

Our care home offers single rooms with ensuite facilities, communal lounges, dining areas and a large outdoor space with an accessible garden, providing a perfect setting for residents and families to meet

Our Other Locations

Aveland Court, Aveland Road, Torquay, TQ1 3PT - 01803 326 259

Lorna House, Devons Road, Torquay, TQ1 3PR - 01803 329 908

